

# **Project Title**

Identification of factors associated with Nursing Home and Community Hospital Referrals using Association Rule Mining

# **Project Lead and Members**

Project lead: Yong Sheng Heng Project members: Xiaojin Zhang, Angela Chow Li Ping, Bernard Thong Yu Hor, Mark Chan Peng Chew, Yew Lam Chong, Bee Kiang Chong, Kee Hao Leo

# **Organisation(s) Involved**

Tan Tock Seng Hospital

# Healthcare Family Group(s) Involved in this Project

Medical, Ancillary Care, Nursing, Healthcare Administration

# **Applicable Specialty or Discipline**

Medical Social Workers, Psychology, Psychiatry, Infectious Diseases, Orthopaedics

# **Project Period**

Start date: Not Applicable

Completed date: Not Applicable

## Aims

To identify the underlying factors associated with NH and CH referrals using Association Rule Mining, with the goal of facilitating the prompt identification of patients who require such referrals.

# Background

See poster attached/below



# Methods

See poster attached/below

# Results

See poster attached/below

## **Lessons Learnt**

See poster attached/below

## Conclusion

See poster attached/below

# **Additional Information**

Accorded the Singapore Health & Biomedical Congress 2023 (Singapore Young Investigator Award (Health Services Research) Silver Award

# **Project Category**

Applied/ Translational Research

**Quantitative Research** 

Care Continuum

Intermediate and Long Term Care & Community Care, Nursing Home Care

Intermediate and Long Term Care & Community Care, Right-Siting

#### Keywords

Length of Stay, Resource preparation, Community Care, Waiting Time

## Name and Email of Project Contact Person(s)

Name: Mr Heng Yong Sheng

Email: <a href="mailto:yong\_sheng\_heng1@ttsh.com.sg">yong\_sheng\_heng1@ttsh.com.sg</a>

[YIA-HSR-03]



# Identification of factors associated with Nursing Home and **Community Hospital Referrals using Association Rule Mining**

Yong Sheng Heng<sup>1</sup>, Xiaojin Zhang<sup>1</sup>, Angela Chow Li Ping<sup>2</sup>, Bernard Thong Yu Hor<sup>3</sup>, Mark Chan Peng Chew<sup>4</sup>, Yew Lam Chong<sup>5</sup>, Bee Kiang Chong<sup>6</sup>, Kee Hao Leo<sup>1</sup>

<sup>1</sup> Management Information Department, Office of Clinical Epidemiology, Analytics & kNowledge (OCEAN), Tan Tock Seng Hospital, Singapore <sup>2</sup> Preventive and Population Medicine, Office of Clinical Epidemiology, Analytics & kNowledge (OCEAN), Tan Tock Seng Hospital, Singapore <sup>3</sup> Rheumatology, Allergy & Immunology, Tan Tock Seng Hospital, Singapore <sup>4</sup> Geriatric Medicine, Tan Tock Seng Hospital, Singapore <sup>5</sup> Urology, Tan Tock Seng Hospital, Singapore <sup>6</sup> Diagnostic Radiology, Tan Tock Seng Hospital, Singapore

#### Background

In Tan Tock Seng Hospital (TTSH), inpatients referred to Nursing Homes (NH) and Community Hospitals (CH) typically experience longer stays on average compared to those who were not referred.



# Objective

To identify the underlying factors associated with NH and CH referrals using Association Rule Mining, with the goal of facilitating the prompt identification of patients who require such referrals.

## Methodology

#### Prepare Data



Inpatient Discharges between 1 Jan 2016 to 29 Jul 2022 (n=398,219) Excluded: Buffer Stepdown Unit

(BSU), Short Stay Unit (SSU) cases

#### Features (One-Hot Encoded)

- Demographics (e.g., age group, stay in rental flat)
- Medical (e.g., specialty touchpoints, principal diagnosis, Charlson Comorbidity Index, stayed in ICU/HD, MRSA/VRE/CPE)
- Psychosocial (e.g., history of caregiver stress, strained relationships, social isolation, presence of behavioural, psychiatric issues or confusion)
- Referral to NH/CH

[Year-by-year Analysis]

## Generate Frequent Item-sets using Apriori Algorithm

#### Key Ideas

- 1. All subsets of a frequent itemset\* must be frequent.
- 2. If an itemset\* is infrequent, all its supersets will be infrequent.

\* An itemset (in this study) refers to the set of binary variables that have a value of 1 for each inpatient case.

## Generate Candidate Association Rules

- From the frequent itemsets, generate association rules, i.e.: (Antecedent(s)  $\rightarrow$  Consequent)
- Narrowed down to rules having either "Referral to NH" or "Referral to CH" as the consequent.



#### Key Idea

1. An association rule  $(X \rightarrow Y)$  is statistically significant, if it has a small probability to occur by chance.

# **Prune Redundant Rules**

#### Key Idea 1.

Rule  $(X \rightarrow Y)$  is redundant if there exists a more general rule  $(Z \rightarrow Y)$  that is more significant

# Results

#### Figure 1. Probability of Referral to NH (Yearly Top 5 Associated Factors)

2016 2017 2018 2019 2020 2021 2022

#1 #1 22% 24%

#3 13%

#4 #5

#5

#2 #2 #1 35% 34% 34%

#5 22%

#3 26%

#4

#5 21%

#1 #1 46% 36%

#4

#2 27%

#4 24%

#3 24%

#2

#3 km

#4

#3 guk

 #3
 #3
 #3
 #4

 8%
 9%
 11%
 12%

#1 #1 #2 #2 #2 11% 11% 9% 14% 14%

#4 9%

#5 9%

#5 23%

#4

#2 30%

#2 #2 10% 9%

#5 7%

#4

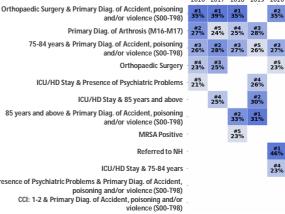
#4

#5 7%

#3 11%

- Presence of Psychiatric Problems & History of Caregiver Stress Presence of Psychiatric Problems & MRSA Positive #2 12% #2 Presence of Psychiatric Problems & Stay in Rental Flat #3 #4 #3 7% History of Caregiver Stress Presence of Psychiatric Problems & Behavioural Problems Geriatric Medicine & MRSA Positive MRSA Positive Primary Diag. of Cerebrovascular Disease (I60-I69) & 75-84 years
- Primary Diag. of Cerebrovascular Disease (I60-I69) & ICU/HD Stay Geriatric Medicine & Stay in Rental Flat Presence of Psychiatric Problems & ICU/HD Stay
  - Presence of Psychiatric Problems & Referred to CH Referred to CH
    - 85 years and above & Stay in Rental Flat
    - ICU/HD Stay & Neurosurgery

#### Figure 2. Probability of Referral to CH (Yearly Top 5 Associated Factors) 2016 2017 2018 2019 2020 2021 2022



Presence of Psychiatric Problems & Primary Diag. of Accident,

# Discussion

#### Notable Factors associated with Referrals to NH

- Having psychiatric problems and staying in rental flats.
- MRSA-Positive (since 2017).
- MRSA-Positive and having psychiatric problems (2021-2022).

#### Notable Factors associated with Referrals to CH

- Primary diagnosis of accident, poisoning or violence (S00-T98) and having touchpoint(s) with Orthopaedic Surgery.
- Primary diagnosis of Arthrosis (M16-M17) (except for 2020-2021).
- Patients referred to NH in 2020-2021 (due to decanting of NH cases).

#### Conclusion

Association rule mining enabled the discovery of patterns from data using unsupervised learning. The rules would facilitate decision-making and resource preparation for NH/CH referrals, and possibly reducing unnecessary days of stay in the hospital due to waiting time.

#### References

Hämäläinen, W., Webb, G.I. A tutorial on statistically sound pattern discovery. Data Min Knowl Disc 33, 325-377 (2019). https://doi.org/10.1007/s10618-018-0590-x